

**United Cerebral Palsy of Berkshire
(UCP)**

208 West Street
Pittsfield, MA 01201
(413) 442-1562
www.ucpwma.org

Whole Children

41 Russell Street
Box 15
Hadley, MA 01035
(413) 585-8010
www.wholechildren.org

Ultimate Sports Program (USP)

The goal of USP is to teach a variety of sports to kids of all abilities.

<https://www.massfamilies.org/resource/ultimate-sports-program/>

YMCA

To find your local YMCA please visit:

www.ymca.net

These services / organizations are resources for you to explore. They have not been endorsed by MCS. You may suggest additional resources or send comments on these listings to info@mcsnet.org

1000 Wilbraham Road
Springfield, MA 01109



Recreation



Information on recreational activity programs and other resources related to recreation and leisure that are available to individuals who have developmental disabilities.

Springfield Family Support Center
1000 Wilbraham Road
Springfield MA 01109
Tel : 413-782-2500

Holyoke Family Support Center
260 Westfield Road
Holyoke MA 01040
Tel: 413-534-3299

MCS SOS of Springfield
505 E. Columbus Avenue
Springfield MA 01105
Tel: 413-301-7390

Westfield Office
3 State Street
Westfield MA 01085
Tel: 413-562-4885

Visit our website at www.mcsnet.org



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[facebook.com/MCSofthePioneerValley](https://www.facebook.com/MCSofthePioneerValley)



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Best Buddies

Offering One-to-One Friendship, Integrated Employment, and Leadership Development programs for individuals with and without intellectual and developmental disabilities (IDD) in Massachusetts and Rhode Island.

www.bestbuddiesmassachusetts.org

529 Main Street, Suite 202

Boston, MA 02108

(617) 778-0522

Western Mass Office

401 Main Street, Suite 15

Amherst, MA 01002

(413) 259-1914

Boys and Girls Club of America

To find your local BGC please visit:

www.bgca.org

Center for Human Development - Disability Resources

332 Birnie Avenue

Springfield, MA 01107

(413) 788-9695

www.chd.org/adult-services/community-based-programs/disability-resources

Department of Conservation and Recreation (DCR)

DCR manages state parks and oversees more than 450,000 acres throughout Massachusetts. It protects, promotes, and enhances the state's natural, cultural, and recreational resources.

Discover outdoor recreational opportunities at Massachusetts State Parks and indoor activities at state-run facilities such as pools and skating rinks. Adaptive recreational equipment is available at some sites.

(617) 626-1250

www.mass.gov/orgs/department-of-conservation-recreation

Kehillah—Special Needs Department at Springfield Jewish Community Center

1160 Dickinson Street

Springfield, MA 01108

(413) 739-4715

www.kehillah-sjcc.org

Jericho

537 Northampton Street

Holyoke, MA 01040

(413) 538-7450

www.jerichobeca.org

Project RIDE

(at Springfield Jewish Community Center)

1160 Dickinson Street

Springfield, MA 01108

(413) 739-4715

Project R.I.D.E. (Recreation, Independence, Development, and Equipment) loans modified tricycles to children and young adults with special needs, in addition to providing information about adaptive sports programs in Western Massachusetts.

<https://www.springfieldjcc.org/kehillah/project-ride>

Recreation and Park Association

Each city or town has a park and recreation department. They offer a wide range of recreational activities for people of all ages and abilities. We encourage you to contact your local park and rec department or check the website for current information

www.massrpa.org

Special Olympics

Main Office

512 Forest Street

Marlborough, MA 01752

(508) 485-0986

www.specialolympicsma.org