Recreation

Information on recreational activity programs and other resources related to recreation and leisure that are available to individuals who have developmental disabilities.

MCS Office Locations

Springfield Office
1000 Wilbraham Road
Springfield, MA 01109
Tel: 413-782-2500

Westfield Office
3 State Street
Westfield, MA 01085
Tel: 413-562-4885

Holyoke Office
260 Westfield Road
Holyoke, MA 01040
Tel: 413-534-3299

Visit our website at www.mcsnet.org
Follow us on Facebook at: facebook.com/MCSofthePioneerValley

Updated May 2016

United Cerebral Palsy of Berkshire (UCP)
208 West Street
Pittsfield, MA 01201
(413) 442-1562
www.ucpberkshire.org

Whole Children
41 Russell Street
Box 15
Hadley, MA 01035
(413) 585-8010
www.wholechildren.org

Ultimate Sports Program (USP)
The goal of USP is to teach a variety of sports to kids of all abilities.
www.uspkids.com/index.htm

YMCA
To find your local YMCA please visit:
www.ymca.net

These Services/ Organizations are resources for you to explore. They have not been endorsed by MCS. Please contact Michael Romanovitch at: (413) 782-2500 or michaelro@mcsnet.org to comment on these listings or to suggest additional resources.
<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>City, State</th>
<th>Phone Number</th>
<th>Website/Link</th>
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<tbody>
<tr>
<td><strong>Best Buddies</strong></td>
<td>45 Bromfield Street 7th Floor</td>
<td>Boston, MA 02108</td>
<td>(617) 778-0522</td>
<td><a href="http://www.bestbuddiesmassachusetts.org">www.bestbuddiesmassachusetts.org</a></td>
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<tr>
<td><strong>Western Mass Office</strong></td>
<td>401 Main Street Suite 15</td>
<td>Amherst, MA 01002</td>
<td>(413) 259-1914</td>
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<tr>
<td><strong>Boys and Girls Club of America</strong></td>
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<td><a href="http://www.bgcs.org">www.bgcs.org</a></td>
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<tr>
<td><strong>Center for Human Development - Disability Resources</strong></td>
<td>332 Birnie Avenue</td>
<td>Springfield, MA 01107</td>
<td>(413) 788-9695</td>
<td><a href="http://www.chd.org/adult-services/community-based-programs/disability-resources">www.chd.org/adult-services/community-based-programs/disability-resources</a></td>
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<tr>
<td><strong>Department of Conservation and Recreation (DCR)</strong></td>
<td>251 Causeway Street Suite 900</td>
<td>Boston, MA 02114</td>
<td>(617) 626-1250</td>
<td><a href="http://www.mass.gov/eea/agencies/dcr">www.mass.gov/eea/agencies/dcr</a></td>
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<tr>
<td><strong>Kehillah—Special Needs Department</strong></td>
<td>at Springfield Jewish Community Center</td>
<td>Springfield, MA 01108</td>
<td>(413) 739-4715</td>
<td><a href="http://www.kehillah-sjcc.org">www.kehillah-sjcc.org</a></td>
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<tr>
<td><strong>Jericho</strong></td>
<td>537 Northampton Street</td>
<td>Holyoke, MA 01040</td>
<td>(413) 538-7450</td>
<td><a href="http://www.jerichobeca.org">www.jerichobeca.org</a></td>
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<tr>
<td><strong>Project RIDE</strong></td>
<td>(modified tricycles)</td>
<td></td>
<td></td>
<td><a href="http://www.kehillah-sjcc.org/project-ride">www.kehillah-sjcc.org/project-ride</a></td>
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<tr>
<td><strong>Recreation and Park Association</strong></td>
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<td></td>
<td></td>
<td><a href="http://www.massrpa.org">www.massrpa.org</a></td>
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<tr>
<td><strong>Special Olympics</strong></td>
<td>Main Office</td>
<td>Marlborough, MA 01752</td>
<td>(508) 485-0986</td>
<td><a href="http://www.specialolympicsma.org">www.specialolympicsma.org</a></td>
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