

## For More Information

Contact our  
Family Leadership Coordinator  
Multicultural Community Services  
413-782-2500  
1000 Wilbraham Rd.  
Springfield, MA 01109

**Applications and Information  
Available Online**  
[www.mfofc.org](http://www.mfofc.org) or  
[www.mcsnet.org](http://www.mcsnet.org)



## Next Series Begins in 2017:

- Friday, February 3 through  
Saturday, February 4
- Friday, March 17 through  
Saturday, March 18
- Friday, May 5 through  
Saturday, May 6



Committed to providing support for individuals  
with developmental disabilities and their families.  
1000 Wilbraham Road Springfield, MA 01109

## Family Leadership Series



**Building the Skills of Families to  
Enact Positive Change  
on Behalf of their Loved Ones**



**Presented in partnership with  
Multicultural Community Services.  
Funded by the Massachusetts Department  
of Developmental Services.**



## About the Series

**The Family Leadership Series is an opportunity for families who have a member with a disability to invest in themselves.**

It is a unique training that empowers families with the vision, knowledge and leadership skills they need to support their family member in creating the life that they want in their community.

The Series supports families to “imagine better” and to create a vision, with and for their family members, that guides their leadership and advocacy.

The Leadership Series also provides families with information and tools to effectively advocate for change, on behalf of their loved one and also for people with disabilities in general.

For more than 20 years, the Series has helped to develop family leaders who create positive change within their families, communities, regionally, and statewide.

## What Our Graduates Say

*"The Family Leadership Series was a total game-changer for me and had a tremendous positive ripple effect not only for my child with special needs, but my entire family"*

*"Extraordinary, moving, touching and inspiring!"*

Expect me to succeed.



*"The Family Leadership Series instills constant hope in us as parents. It has inspired me to become more involved with my child and my community."*

*"In the eighteen years of living with our daughter, this was the first time we were "treated" to a time to learn, relax, and regroup."*

*"I used to feel very helpless, but since attending the series I now know I have a voice to help make a difference."*

## How It Works

The Family Leadership Series consists of three two-day workshops for a select group of 20-30 family members of a person(s) with disabilities. Families are expected to participate in all sessions.

All expenses are covered, including hotel lodging, meals, and stipends for transportation and respite care if needed. Translation into Spanish and other languages is provided whenever possible.

### Topics include:

- **Initiative and Leadership:** Families learn about their own leadership styles and the important role of families in creating change.
- **Creating a Vision:** Families are supported to “imagine better” and use their vision as a guide to their leadership and advocacy.
- **Policy Making at the Local, State and Federal Level:** Families learn how to use legislative change to create system-wide improvements.
- **Caring for the Care-Taker:** Families learn strategies to decrease stress and increase personal satisfaction.