

## MCS Fun and Fitness Summer 2018 Descriptions

**Movie/Dinner at on the Border**-On the Border is in W. Springfield off 91 to Rte. 5 North-look for it on the left-Mexican Food

**Dinner and Dancing at Club One in Agawam**-we will have dinner at the club and dance the night away. See directions

**Manchester Flea Market**-If you enjoy shopping and not spending a lot of money like me (I'm cheap), this is a great time.

**Wildlife Sanctuary, Bridge of Flowers and picnic at Look Park**—The Sanctuary has nice easy hiking trails and for those who have not seen the bridge of flowers, it is beautiful and we will have a picnic at Look Park as well as miniature golf.

**Fireworks and Concert**-We will head down to Enfield, have a picnic and listen to music and see the fireworks.

**Pine Knoll Swim Party**-Our annual summer picnic is back and we will have fun in the pool with pool games and then have a picnic with picnic games and contests such as the watermelon eating contest. Bring your feedbags.

**Monster Jam**-Monster trucks competition with tricks, stunts and racing.

**Summit view Dance**- We will go out to dinner and then proceed to Holyoke for the summer concert series at the summit view. Bring your dancing shoes as we are always the first to hit the dance floor. The band is 70's Disco Review complete with costumes.

**Tarzan the play**-We are going to the Colonial Theater in Pittsfield to try out a new venue and see Tarzan meet Jane-a comedy and musical.

**Eagles Tribute Band**-Let's have a peaceful, easy feeling at the Majestic.

**Lion King**-This show has it all-great costumes, is funny and great music-it is expensive but a show that is worth the price.

**Connecticut Renaissance Fair**-we will see comedy and juggling shows as well as witness jousting and eat at the fair.

**Movie/Dinner at Theodores**- We will meet at Theodores (201 Worthington St-Springfield-They will serve BBQ!)

**Fall Bowling**-Our fall bowling will start on 9/13 and end on 12 /13-a pizza party will follow. In addition to the registration fee, you must bring \$6 for the games and shoes. Shaker bowl is located at 169 Shaker Road in E Longmeadow.

**St Paul's Activity Program**---This will be a combination program consisting of crafts, Zumba exercise and cooking classes. The dates are Sept. 14 and 28, October 12 and 19 and November 9 and 23 and the total cost for all six classes is \$120

**Sonny's Amusements**-If you have never gone to Sonny's in Connecticut, it is a really fun place to go. We will be doing the games, video games, bumper car rides etc.

**Dinner and Dancing at Club One in Agawam**- dinner at the club and dance the night away to the Rolling Stones.

**Big E**-Put the feedbag on and see the fair.

**Dog Walk and Hiking**-just like last year, bring your best friend out for a hike in the woods, play some Frisbee and picnic.

**Washington/Baltimore Vacation Highlights**- We will see all the major sights in both Baltimore and DC over the course of a week-Smithsonian museums such as Natural history, air and space, the National Zoo as well as the Spy Museum, White House tour, and the Baltimore Inner Harbor. If we have time, we will take in an Oriole or National baseball game

**Spending Money**-use your discretion but normally it will be \$5-10.